



# Integrated Care System

Nottingham & Nottinghamshire

## ICS Board Summary Briefing – November 2019

Please find below the Nottingham and Nottinghamshire Integrated Care System (ICS) update following the ICS Board on 7<sup>th</sup> November. Please ensure this is cascaded to Governing Boards/Bodies, Management Teams and other key stakeholders and teams across your respective organisations. Minutes from the ICS Board held on 9<sup>th</sup> October 2019 will shortly be published on the system's website – <https://healthandcarenotts.co.uk/about-us/ics-board/>

### Introduction

The Chair of the ICS, David Pearson, welcomed a number of citizens and staff from across the system to the Board meeting – reminding colleagues that the meeting was held in public and all the papers for the meeting are available at <https://healthandcarenotts.co.uk/about-us/ics-board/>. Patients, citizens and staff from organisations across the system are always welcome to the Board to hear the discussions.

### Patient Story – Pain Management

The Board welcomed Dr Greg Hobbs, Consultant in Pain Medicine from Primary Integrated Community Services (PICS) and his colleagues to the meeting to discuss the transformation of community pain services. Two patients, Ian and Leanne, shared their own experiences of the service and how it helped them to manage their pain differently – taking in support for their mental as well as their physical health and also touching on employment support and social interactions. The transformed pathway has significantly improved patient outcomes whilst also reducing the referrals for surgery to secondary care and the use of painkilling injections, ensuring that patients can manage their pain without the need for these interventions. The Board welcomed the update and thanked the team for their work and the patients for sharing their story. A discussion covered topics including the role of employers in this service, the impact of social prescribing and the critical component of mental health support.

### Population Health Management

Following discussions over the previous year, the Board received an update on the system's work on Population Health Management. Population Health Management (PHM) is the approach in which data is used to understand the needs of the population, enabling focus and resources to be tailored to areas where the impact can have maximum impact. This focus specifically includes the factors that impact on health but which are outside the traditional remit of the NHS or Social Care – these can include educational attainment, employment status, transport, wider environmental variables and many others. Nottingham and Nottinghamshire is recognised as one of the leading systems across the country in the development and implementation of PHM. More information on PHM can be found here: <https://www.england.nhs.uk/integratedcare/building-blocks/phm/>

In line with the system's draft outcomes framework (see papers and notes from the July 2019 and April 2019 meetings of the ICS Board), the overall purpose of developing a Population Health Management approach is to increase the healthy life expectancy of the population of

Nottingham and Nottinghamshire. Work is well underway to develop the sophisticated database, segmentation and targeting models which can be used to “stratify” the population into groups most at risk of falling victim to ill health. This can then be used to offer targeted interventions to those populations.

The Board strongly welcomed the update and thanked the PHM team for the work on this so far. The Board also noted that a detailed workshop on PHM will be held in January 2020 to further accelerate this work.

### **ICP Updates**

The Board received updates from all three of the system’s Integrated Care Providers – City, Mid-Nottinghamshire and South Nottinghamshire. This month the Board discussed in detail the report from South Nottinghamshire, noting in particular the ICP’s plan to hold a stakeholder event, including with staff on 11<sup>th</sup> December. The reports from all three ICPs are available as part of the Board’s public papers.

***David Pearson,  
Independent Chair, Nottingham and Nottinghamshire ICS***

***Dr Andy Haynes,  
Executive Lead, Nottingham and Nottinghamshire ICS***